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 🌐 [www.fit4change.net](http://www.fit4change.net)

## 1 Data Protection Declaration

This Data Protection Declaration informs you about the nature, scope and purpose of the collection and use of personal data on my website <https://www.fit4change.net/> (hereinafter the «Website») by fit4change with Corina Armoneit (hereinafter «I», «my» or «me») and informs you about your rights. These rights are governed by the applicable data protection laws.

## 2 Person in Charge of Data Processing

The person in charge of data processing on this website and the contact person for data protection matters is:

fit4change with Corina Armoneit  
 Ms. Corina Armoneit  
 Untere Rainstrasse 16  
 CH-5042 Hirschthal  
 +41 (0) 79 240 64 27  
[corina\\_armoneit@hotmail.com](mailto:corina_armoneit@hotmail.com)

## 3 Data Collection on this Website

### 3.1 Log files

My domain is hosted by joker.com, and my website is hosted by wix.com.

For the optimisation and maintenance of my website, I log technical errors that may occur when accessing my website. In addition, when using this website, information is automatically collected that the browser of your device transmits to my host provider. This includes:

- IP address and operating system of your device,
- browser type, version and language,
- date and time of the server request,
- accessed file,
- the website from which access was made (referrer URL),
- status code (e.g. 404), and
- the transmission protocol used (e.g. HTTP/2).

This data is collected and stored by my host provider in order to optimise processes and procedures, in particular in connection with the use of my website and the security and stability of the computer system.

Further information can be found in the privacy policy of wix.com at <https://de.wix.com/about/privacy>.

If the GDPR is applicable, the legal basis for this data processing is Art. 6 para. 1 lit. f GDPR.

### 3.2 Contact Form

If you use my contact form, the information you provide in the enquiry form will be processed by me to handle your enquiry and in case of follow-up questions.

Normally, I require the following information:

first and last name

company

email address

address

telephone number

subject

message content

I use the data you provide to answer your enquiry. If the GDPR is applicable, the legal basis for this data processing is Art. 6 para. 1 lit. f GDPR.

### 3.3 Cookies

I use cookies on my website. Cookies are small files that are stored on your device and saved by your browser. Some of the cookies I use are automatically deleted when you leave my website. Other cookies remain stored on your device until you

delete them or until they expire. These cookies allow your browser to be recognised the next time you visit my website.

You can configure your browser to inform you in advance about the setting of cookies and decide on a case-by-case basis whether to accept cookies for certain cases or generally exclude them, or to completely prevent cookies. This may restrict the functionality of the website.

Cookies that are required for the electronic communication process or for functions requested by you or that optimise your user experience are stored on the basis of Art. 6 para. 1 lit. f GDPR, if the GDPR is applicable.

### **3.4 Newsletter**

I offer a newsletter that you can subscribe to. When you register for the newsletter, I collect at least your email address. My external newsletter service provider may collect further data; please refer to its data protection declaration (here above).

I use your email address to send you the newsletter by email. If the GDPR is applicable, the legal basis for this data processing is Art. 6 para. 1 lit. f GDPR.

### **4 Links**

My website contains links to websites of third-party providers. I am not responsible for the content and data protection measures on external websites that you can access via these links. Please inform yourself directly about data protection on the respective websites.

### **5 Disclosure of Data to Third Parties**

In order to provide you with the information on my website, it may be necessary for me to work together with various service providers, e.g. IT service providers. These service providers use your data only within the scope of processing orders for me.

With the exception of the provisions in section 3.4 of this Data Protection Declaration, I will only transfer data to entities outside Switzerland and the European Union (third countries) without your consent if this is required under the respective contract, to fulfil legal obligations or to safeguard my legitimate interests.

## 6 Your Rights

To the extent provided for by the data protection law applicable to you, you may request information free of charge about the data stored about you, their origin and recipients and the purpose of data processing. You also have the right, under the statutory conditions, to rectification, erasure, restriction of or objection to processing and, if the GDPR applies, to receive this data for transfer to another controlling authority.

You may revoke any consent you have given at any time with effect for the future. An informal notification by email to me is sufficient.

Please note that the above rights are subject to statutory restrictions and may impair or prevent the provision of my services.

You are entitled to enforce your claims in court or to lodge a complaint with the competent data protection authority. For Switzerland, this is the Federal Data Protection and Information Commissioner (<http://www.edoeb.admin.ch>).

## 7 Currency and Amendment of this Data Protection Declaration

I may amend or update this Data Protection Declaration at any time. The current version of the Data Protection Declaration can be accessed at <https://www.fit4change.net/>.

Hirschthal, January 2026